

1M4M21549

(Pages : 2)

Reg. No:.....

Name: .....

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fourth Semester M.Sc Degree Examination, March/April 2021

MPS4C11 – Current Trends in Psychology

(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**PART A**

Short answer type questions- answer any four out of seven questions.

Each question carries 2 weightage

1. Fear of missing out (FOMO)
2. Concept of normality and abnormality
3. Critical psychology
4. Eyewitness testimony
5. Substance Use Disorders
6. HCI
7. Withdrawal Symptoms

(4 x 2= 8 weightage)

**PART B**

Short essay – answer any four out of seven questions

Each question carries 3 weightage

8. Identify positive and negative sides of today's virtual world.
9. As a psychologist, suggests some methods to eradicate "drug addiction" from our society.
10. Do "LGBTQ rights movement" to be supported? Substantiate your answer.
11. Do you think that the research methods used in psychological research should be reexamined? Critically evaluate.
12. Do you think that advertisements in the media increase buying behaviors? Explain.
13. The goal of "ergonomics" is to eliminate discomfort and risk of injury due to work. Evaluate.
14. Examine the uses of psychometric testing in psychology.

(4 x 3=12 weightage)

### PART C

Long essay – answer any two out of 4 questions.

Each question carries 5 weightage

15. Do you think that the psychological principles and theories can effectively apply to terrorism? Substantiate your answer.
16. Explain the development of “legal psychology”. What are the challenges, and future opportunities of legal psychology?
17. Bring out the contribution of Ashish Nandy in explaining the psychology of colonialism
18. What do you mean by “Mainstream psychology”? Critically evaluate main fields and theories of mainstream psychology.

(2 x 5= 10 weightage)

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(Pages : 1)

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fourth Semester M.Sc Degree Examination, March/April 2021

MPS4E05 – Psychotherapeutics – I

(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A****Short Answer Questions.****Answer any 4 each carries 2 weightage.**

1. Awareness
2. Id
3. Adult ego state
4. Oral stage
5. Psychotherapy
6. T groups
7. Fully functioning person

**( 4x2=8 weightage)****SECTION B****Answer any 4 paragraph questions .Each carries 3 weightage.**

8. What are encounter groups
9. What are the indications and contraindications of family therapy
10. What are the salient features of Rational emotive therapy
11. Write about Defense mechanism
12. Explain different phases of psychotherapy
13. What are the techniques used in logotherapy
14. Explain psychodrama

**( 4x3=12weightage)****SECTION C****Answer any 2 essay questions. Each carries 5 weightage.**

15. Write an essay on different therapeutic perspectives
16. What are the process involved in psychoanalytic therapy
17. Explain different models and process of group psychotherapy
18. Write an essay on the goals and process of gestalt therapy

**(2x5=10weightage)**

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE  
Fourth Semester M.Sc Degree Examination, March/April 2021  
MPS4E06 – Psychotherapeutics – II  
(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**  
**Short Answer Questions.**  
**Answer any 4 each carries 2 weightage.**

1. Covert Sensitization
2. Classical Conditioning
3. Yoga based techniques
4. ABCDE in RET
5. JPMR
6. Cognitive Distortions
7. Future trends of Behaviour Therapy

( 4x2=8 weightage)

**SECTION B**  
**Answer any 4 paragraph questions .Each carries 3 weightage.**

8. Discuss different methods of Aversion therapy
9. Describe the methods and application of Biofeedback
10. Distinguish between Negative Practice and Stimulus Satiation
11. Describe self-control techniques
12. Discuss the application of Modelling techniques in Social skills training
13. Explain Stress inoculation therapy
14. Analyse the Professional issues in Behavior Modification

( 4x3=12weightage)

**SECTION C**  
**Answer any 2 essay questions. Each carries 5 weightage.**

15. What is Assertiveness training? Explain its components and application.
16. What are the Key concepts in Cognitive therapy? Explain its techniques with a suitable example
17. Explain Operant conditioning and its applications
18. What are the different methods to evaluate process and outcome of therapy? What is the need of conducting such evaluations?

(2 x 5 = 10 weightage)