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(Pages : 2)

Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Second Semester M.Sc Psychology Degree Examination, March 2017

PSY2.3 - Counseling Psychology

(2016 Admission onwards)

Max. Time: 3 hours

Max. Weightage : 36

PART – A

Answer all questions. Each question carries 1 weightage.

1. Client Vs. Patient
2. Follow up
3. Listening Skills
4. Tertiary prevention
5. Drug abuse
6. Gestalt therapy
7. Divorce
8. Confidentiality
9. EMG
10. Vocation
11. Special population
12. Theme identification
13. Rapport
14. Probing

(14 x 1 = 14 weightage)

PART B

Answer any seven from the following. Each question carries a weightage of 2.

15. Differentiate between counselling and psychotherapy.
16. Distinguish between process and outcome goals of counselling.
17. Outline the different professional issues in counselling.
18. Explain GSPR and its effects.
19. Give a brief account on the applications of counselling in education setting.
20. Which are the behavioural techniques used in counselling?
21. Point out the different problem solving strategies.
22. Explain the characteristics of a helping relationship.
23. Give a detailed explanation of the in-depth exploration.
24. How relaxation is possible through yoga and TM?

(7 x 2 = 14 weightage)

PART C

Answer any two questions. Each question carries a weightage of 4.

25. Define counselling and its characteristics. Give an account on the historical development of the counselling profession.
26. Outline the philosophical, psychological and developmental foundations of counselling.
27. Discuss how counselling can be applied in different settings?
28. Give an account on the affective approach to counselling.

(2 x 4 = 8 weightage)

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Second Semester M.Sc Psychology Degree Examination, March 2017

PSY2.2 - Health Psychology

(2016 Admission onwards)

Max. Time: 3 hours

Max. Weightage : 30

PART A

Answer **all** questions in one or two sentences. Each question carries 1 weightage.

1. Type B behavior pattern
2. Arthritis
3. Positive reinforcement
4. Migraine headache
5. Life events
6. Specificity theory
7. Nociceptors
8. Allostatic load
9. Morbidity
10. Insulin
11. Extinction
12. Bulimia nervosa
13. Biofeedback
14. Asthma

(14×1=14 weightage)

PART B

Answer any seven questions as short essays. Each question carries a weightage of 2.

15. Elaborate general adaptation syndrome (GAS).
16. Draw a diagram underlying concept of 'Systems' that interplay in biopsychosocial model.
17. Is readiness to change is possible. Substantiate with the stages of change model.
18. Enumerate psycho-physiological diseases.
19. Critically evaluate the early theories of pain.
20. Elucidate the variety of techniques used for assessing people's pain.
21. Briefly explain the psychosocial impact of cancer.
22. Describe physiology of pain perception.
23. Gate control theory proposes that the gating mechanism responds to the conditions that can open or close the pain gate combined effects of some factors. Outline all the conditions that open and close the gate.
24. How would you suggest psycho-education, relaxation and biofeedback are the best psycho-social intervention method for people with chronic illness.

(7 x 2 = 14weightage)

PART C

Answer any two. Each carries a weightage of 4.

25. Enumerate patients' different chronic conditions and life threatening health problems impact on their families.
26. Suggest some behavioral and cognitive methods to management and control patients to *cope more effectively* with the pain and *reduce their reliance on drugs* for pain control.
27. Elaborate various life styles and risk factors associated with bio-psychosocial factors in illness.
28. How would you relate the health psychology to other fields. Evaluate its roles in the present scenario.

(2 x 4 = 8 weightage)

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Second Semester M.Sc Psychology Degree Examination, March 2017

PSY2.1 - Psychopathology

(2016 Admission onwards)

Max. Time: 3 hours

Max. Weightage : 36

SECTION A

Answer all questions in one or two sentences each. Each question carries 1 weightage

1. Stress
2. Delirium
3. Psychosis
4. Tolerance
5. ADHD
6. Fugue
7. DSM
8. Hypomania
9. Delinquent behaviour
10. MRI scan
11. Borderline personality
12. Incidence
13. Conversion disorder
14. Delusion

(14x1=14 weightage)

SECTION B

Answer any 7 questions as short Essays, each carries a weight of 2

15. Causes for childhood disorders
16. Approaches to classification
17. Psychosocial causal factors of maladaptive behaviours
18. Symptoms and types of Schizophrenia
19. Explain sexual deviation. Mention the types
20. Discuss specific learning disability
21. Dementia
22. Psychopathology of somatoform disorders
23. Explain Antisocial personality disorder
24. Decompensation under excessive stress

(7x2=14weightage)

SECTION C

Essay questions

Answer any two. Each carries a weight of 4

25. Describe different childhood disorders
26. Assessment of abnormal behaviours
27. Types of Anxiety disorders. Explain the psychopathology
28. Mood disorders, causal factors and treatment

(2x4=8 weightage)