

PART C

Answer any 3 question in a paragraph. Each question carries 5 marks.

11. Psychology- Nature and definition
12. Comparative psychology
13. Barriers of self-development
14. Positive psychology

(5x3=15 marks)

PART D

Answer any one essay. Each carries 10 marks.

15. Yoga and Meditation as a technique to enhance personal effectiveness
16. Happiness- cause and effects also explain its application in day today life.

(10x1=10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2019

BPSY5B05- 04 – Health Psychology

(2017 Admission onwards)

Time: 3 hours

Max. Marks: 80

SECTION A*Answer all questions. each question carries 1 mark.*

1. Relationship between patient and practitioner is given importance by which model?
(a) Bio-psycho social model (b) Bio medical model
(c) Planned model (d) Behaviorists approach
2. The accumulation of non functional scar tissue in the liver is called as
(a) Cirrhosis (b) Epithelial tissue,
(c) Lymphatic tissue (d) Carcinomas
3. is the measurement of the electrical impulses produced by the heart
(a) EEG (b) ECG
(c) PET (d) None of the above
4. According to Murray and Campbell (2003), health psychology needs to encompass _____ aspects of health and healthcare.
(a) Socio cultural (b) Political
(c) Economical (d) All of the above
5. Alzheimer's is a type of.....
(a) Dementia (b) Dissociative fugue
(c) Amnesia (d) Parkinson

Fill in the blanks.

6. The pressure generated by the heart's contraction is known as.....
7. diabetes occurs in childhood
8.focused coping is aimed at changing the source of the stress
9. The field focuses on the effects of stressors on the immune system is
10. The release of _____ reduces the effectiveness of the immune system in response to prolong stress?

(10x1=10 marks)

SECTION B.

Short answer type questions. Answer all. (Two marks each).

11. Health psychology
12. Health locus of control
13. Rumor
14. Type 1 diabetes
15. PTSD.
16. Difference between fear and anxiety.
17. Dementia
18. Psycho neuro immunology
19. Acculturation stress
20. Stress inoculation training.

(10x2=20 marks)

SECTION C

Short essay. Answer any six. (Five marks each).

21. Models of prevention
22. Briefly explain attribution theories.
23. Define bio psycho social model
24. GAS
25. Briefly explain causes and treatment of asthma
26. Explain pain control techniques
27. Management of hypertension
28. Explain system theory

(6x5=30 marks)

SECTION D

Essay type questions. answer any two. (Ten marks each).

29. Theoretical explanations of changing health habits
30. Explain stress, its effects and how to conquer its negative effects
31. Need and significance of health psychology
32. Elaborate health compromising behaviours

(2x10=20 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2019

BPSY5B06 – Abnormal Psychology – I

(2017 Admission onwards)

Time: 3 hours

Max. Marks: 80

PART I

Choose the correct answer. Each question carries 1 mark.

1. Once a group of symptoms is given a name and a diagnosis is made it becomes a ---
A. stigma, B. OCD, C. label, D. problem
2. -----refers to the number of active cases in a population during any given period of time.
A. case, B. estimate, C. incidence, D. prevalence)
3. Discharge of emotional tension associated with past trauma by talking is---
A. catharsis, B. comorbidity, C. plasticity, D. anxiety
4. ----- is the dancing mania that occurred in Italy in the 13th century.
A. St. Vitus's dance, B. Lycanthropy, C. Mesmerism, D. Tarantism
5. ----- is a condition that must exist for a disorder to occur
A. ego, B. neurotransmitter, C. resistance, D. necessary cause
6. -----is persistent irrational fear.
A. GAD, B. obsession, C. anxiety, D. phobia
7. -----proposed classical conditioning.
A. Bandura, B. Freud, C. Eric Berne, D. Pavlov
8. -----is the predisposition or vulnerability to develop a disorder.
A. ego, B. diathesis, C. synapse, D. chromosome
9. Find the odd one out
A. Social phobia, B. Fugue, C. depersonalization, D. BDD
10. -----is one of the proponent of cognitive perspectives
A. Jung, B. Beck, C. Skinner, D. Perls

(10x1=10 Marks)

Section C

Short Essay Questions (Not to exceed 120 words).

Answer any Four. Each Carries 4 Mark

12. What are the advantages and disadvantages of Geothermal energy?
13. Briefly explain energy conversion mechanism in solar cell.
14. Explain with neat sketch working of wave energy conversion devices.
15. Describe various methods for obtaining energy from Biomass.
16. Explain Geopressured resources.
17. Sketch two different types of solar green house. What are the advantages of Green houses ? **(4 × 4 = 16 Marks)**

Section D

Long Essay Question. Answer any One. Each carries 8 Mark.

18. What are different types of wind aero generators? Discuss them briefly with a neat sketch. Mention its advantages and disadvantages.
19. Explain the Construction and Working of (i) Solar furnace (ii) Solar Distillation
20. What is the basic principle of Ocean Thermal Energy Conversion Devices? What are the main types of OTEC power plants? Describe working in brief.

(1 × 8 = 8 Marks)