

1B5N25081

(Pages : 2)

Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2025

BPS5B06 - Abnormal Psychology - I

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks. There shall be ceiling of 20 Marks in this section

1. What is Suicidal Ideation
2. Define Free Floating Anxiety
3. Explain Trephination
4. Write a note on Bipolar II Disorder
5. Define Phobia
6. What is Fugue
7. What is Mania
8. Write a note on Trichotillomania
9. What is Cyclothymia
10. Explain Factitious Disorder
11. What is Tarantism.
12. Explain depersonalization disorder

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks.
There shall be ceiling of 30 marks in this section

13. Explain symptomatology of Social Phobia
14. Briefly explain the classificatory system emphasizing their advantages and disadvantages.
15. Write a note on Conversion disorder
16. Explain Dissociate identity Disorder
17. What are the Clinical features and types of OCD
18. What are the clinical features and warning signs of Suicide
19. Describe the characteristic features of Body Dysmorphic Disorder

(Maximum 30 Marks)

SECTION -C

Essay Type Questions

Answer Any one of the following .Each Carries 10 Marks.

- 20. Describe the historical views of Abnormal Behaviour.
- 21. Explain Clinical features and causes of Mood Disorders

(1 x 10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2025

BPS5B07 - Social Psychology

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A**Answer in Two or three sentences. Each carries 2 marks.****There shall be ceiling of 20 marks in this section**

1. Define Social Psychology
2. Define planning fallacy
3. What is fundamental attribution error
4. Differentiate between counterfactual thinking and magical thinking.
5. Define micro expressions
6. Write a note on impression management.
7. Give two examples for behavioral component of attitude
8. Define Social facilitation.
9. Describe foot in the door technique.
10. List out various components of love
11. What is genetic determinism?
12. Define prosocial behavior

(Maximum 20 marks)**SECTION -B****Answer in a paragraph of about half a page to one page.****Each question carries 5 marks. There shall be ceiling of 30 marks in this section**

13. Write a note on scope of social psychology.
14. Explain the basic channels of nonverbal communication
15. Elaborate on the various factors affecting conformity
16. List out the nature and functions of group.
17. Elaborate on any two models of prosocial behavior.
18. Discuss the research methods in social psychology.
19. Explain the determinants of interpersonal attraction

(Maximum 30 Marks)**SECTION -C****Essay Type Questions****Answer Any one of the following. Each Carries 10 Marks.**

20. Define attribution. Evaluate the application of attribution theory with the help of suitable examples
21. Explain the functions of attitude and discuss how the attitudes are formulated

(1 x 10= 10 marks)

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(Pages : 2)

Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2025

BPS5B08 - Developmental Psychology - 1

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

**' Answer in two or three sentences .Each carries 2 marks.
There shall be ceiling of 20 marks in this session**

1. Define growth and development.
2. State two key concept of Erikson's theory of psychosocial development.
3. Define scaffolding.
4. State any two defense mechanisms with example.
5. Explain fertilization.
6. Name any three birth complication
7. What is a cesarean (C-section) delivery?
8. Define gross motor skills.
9. What are teratogens.
10. Explain object permanence
11. Explain FAS.
12. Define semantic development in language.

(Maximum 20 marks)

SECTION -B

**Answer in a paragraph of about half a page to one page.
Each question carries 5 marks.
There shall be ceiling of 30 marks in this section.**

13. Discuss the role of environmental and genetic factors in physical development in infancy.
14. Explain the historical foundation of developmental psychology.
15. Discuss the main features of Vygotsky's theory.
16. Explain Erikson's stages of psychosocial development in brief.

17. Describe perceptual development in infancy.
18. Explain any five common newborn reflexes with examples.
19. Explain Schaie's model of cognitive development in adulthood.

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

20. Describe the main aspects of language development.
21. Explain the process of birth and common birth complications and their effects on the newborn

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2025

BPS5B09 - Psychological Counselling

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks.
There shall be ceiling of 20 marks in this section

1. Differentiate between counseling and Helping.
2. State two characteristics of an effective counselor.
3. What is meant by the 'Exploration' stage in the Helping Skills Model?
4. Define congruence.
5. Mention the difference between cognitive and behavioral counseling.
6. Describe counseling relationship.
7. Mention three challenging skills in counseling.
8. What is paraphrasing in counseling?
9. Define unconditional positive regards.
10. Define school counseling
11. Define confidentiality in counseling.
12. What is the purpose of career counseling?

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .
Each question carries 5 marks. There shall be ceiling of 30 marks in this section.

13. State and explain the main goals of counseling.
14. Discuss the use of psychological tests in counseling.
15. Explain the need and significant of premarital counseling.
16. Explain the ethical issues in counseling.
17. Examine the structuring technique in counseling.
18. Explain the core conditions for counseling.
19. Explain the process of eclectic counseling.

(Maximum 30 Marks)

SECTION -C

Essay Type Questions

Answer Any one of the following .Each Carries 10 Marks.

20. Explain psychoanalytic counseling in detail.
21. Compare HIV/AIDS counseling with terminally ill counseling.

(1X10=10)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2025

BPS5B10 - Health Psychology

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION A

Answer in two three sentences. Each question carries 2 marks.

There shall be ceiling of 20 marks in this section

1. Define Health Psychology
2. Elucidate biomedical model of health
3. Discuss fear appeal with suitable example
4. Describe protection motivation theory
5. List out any three health compromising behaviors
6. What is psychoneuroimmunology?
7. Define coping
8. Explain buffering effect
9. Analyze mind body relationship
10. Define social support
11. Give two examples for emotion focused coping
12. What is meant by primary prevention

(Maximum 20 marks)

SECTION B

Answer in a paragraph about half a page to one page.

Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Discuss the role of health psychology in maintaining and promoting healthy habits
14. Examine the efficacy of health belief model in changing behavior
15. Explain transtheoretical model
16. What are the barriers to health behavior modification?
17. Elucidate the role of family therapy in the management of terminal illness
18. Explain various theories of stress
19. Examine biopsychosocial model of health

(Maximum 30 marks)

SECTION C

Essay Type Questions. Answer any *one* question. Each carries 10 marks

20. Define Health. Examine the need and significance of health psychology
21. Define terminal illness. What are the major psychosocial issues in advancing illness

(1 × 10 = 10 Marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2025

(Open Course)

BPS5D01 - Psychology & Personal growth

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.

There shall be ceiling of 20 marks in this session

1. What is the main focus of educational psychology?
2. Define mania.
3. Differentiate between the concept of real and ideal self by Rogers.
4. Differentiate between eustress and distress.
5. Define clinical psychology.
6. What is learned motive?
7. What is intrinsic motivation ?
8. What is general adaptation syndrome ?
9. Name two functions of counselling psychology.
10. What is positive emotion? Write an example.
11. Write any two causes of happiness.
12. What is cognitive restructuring?

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page.

Each question carries 5 marks.

There shall be ceiling of 30 marks in this section

13. Write a note on any two branches of psychology with an example of application in each branch.
14. Briefly explain Maslow's hierarchy of needs.
15. How close relationships enhance happiness?
16. Write a note on meditation and relaxation techniques in dealing with stress
17. Briefly describe about the models of resilience.
18. Write a note on distorted mood.
19. Mention the effect of happiness in our life.

(Maximum 30 marks)

SECTION -C

**Essay Type Questions Answer any one of the following.
Each Carries 10 Marks.**

20. Describe about the application of psychology in personal and social life.
21. Briefly explain how happiness is influenced by gender, culture and marriage.

(1 x 10 = 10 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2025

(Open Course)

BPS5D02 - Life Skill Applications

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A**Answer in Two or three sentences. Each carry 2 marks.****There shall be ceiling of 20 marks in this section**

1. State the WHO definition of life skills.
2. What is the importance of life skills?
3. What is meant by coping with emotion.
4. Describe three strategies an individual can use to improve self-awareness.
5. Define problem solving.
6. Describe any two methods for improving interpersonal relations
7. Define Effective Communication
8. Define negotiation
9. What is meant by critical thinking?
10. Define career planning.
11. Define Resilience
12. What life skills help prevent addiction?

(Maximum 20 marks)**SECTION -B****Answer in a paragraph of about half a page to one page.****Each question carries 5 marks. There shall be ceiling of 30 marks in this section**

13. Explain the need for life skill education.
14. What is the importance of self-awareness, and explain how self-awareness influences emotional intelligence
15. Define Empathy. Explain the importance of empathy in building meaningful relationships

16. Explain the main steps of problem solving
17. Define decision making. Explain the process of career decision making
18. Explain how life skill can be used for women empowerment.
19. Discuss how life skills can be employed to prevent addiction among adolescents

(Maximum 30 Marks)

SECTION –C

Essay Type Questions

Answer Any one of the following. Each Carries 10 Marks.

20. Define and briefly explain the ten core life skills suggested by WHO.
21. Discuss the major components of communication and barriers associated with it.

(1x10=10 Marks)