

1B1N25264

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
First Semester B.Sc Degree Examination, November 2025
PSY1CJ101 - Invitation to Psychology
 (FYUGP 2024 Admission onwards)

Time: 2 hours

Max. Marks : 70

PART – A
All questions can be attended.
Each question carries Three mark.
Ceiling -24 Marks

		COs	Knowledge Level(KL)	Marks
1	State Perceptual Constancies with example	CO2	R	3
2	Define Just Noticeable Differences	CO3	U	3
3	Describe Hypnosis and meditation	CO1	U	3
4	Mention basic principles of Gestalt Psychology,	CO1	R	3
5	Define scientific attitudes and list any four key characteristics.	CO2	U	3
6	State depth perception	CO1	R	3
7	Describe biological rhythms	CO5	U	3
8	Explain introspection	CO4	U	3
9	Mention any 4 branches in Psychology	CO4	R	3
10	What are Visual Illusions	CO5	U	3

PART – B

All questions can be attended.
Each question carries six marks.

Ceiling -36 Marks

		COs	Knowledge Level(KL)	Marks
11	Discuss the phenomena associated with attention.	CO2	AN	6
12	Explain theories of selective attention	CO5	U	6
13	What is psychoactive drug. Describe with example.	CO4	U	6
14	Compare sensory threshold and Absolute threshold;	CO6	AN	6
15	List and describe functions of sleep.	CO5	U	6
16	Describe the philosophical origine of psychology	CO2	U	6
17	Compare bottom-up processing and top- down processing.	CO5	U	6
18	Explain the goals of psychology.	CO1	U	6

PART - C

Answer any *one* questions.
Each question carries Ten marks.

		COs	Knowledge Level(KL)	Marks
19	Explain how different experimental methods used in psychology. Highlight key differences.	CO6	A	10
20	Compare and contrast the different theoretical approaches to psychology.	CO5	AN	10

1 x 10 = 10 Marks

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

First Semester B.Sc Degree Examination, November 2025

PSY1MN101 - Gateways to Mind and Behaviour

(FYUGP 2024 Admission onwards)

Time: 2 hours

Max. Marks : 70

PART – A

All questions can be attended.
Each question carries **Three** mark.

Ceiling -24 Marks

		COs	Knowledge Level(KL)	Marks
1	What are the contributions of Wilhem Wundt?	CO1	U	3
2	Define Psychology	CO1	U	3
3	Distinguish between independent and dependent variable	CO1	A	3
4	What are the key processes in memory?	CO3	R	3
5	What are the components of working memory?	CO3	R	3
6	Define Episodic memory	CO3	U	3
7	Differentiate between drive and incentive.	CO3	R	3
8	Distinguish between positive and negative reinforcement	CO4	A	3
9	What is observational learning?	CO4	R	3
10	What are the determinants of learning?	CO4	U	3

PART – B

All questions can be attended.
Each question carries six marks.
Ceiling -36 Marks

		COs	Knowledge Level(KL)	Marks
11	Briefly describe the experimental method	CO1	R	6
12	Give an account on psychosocial motives	CO3	U	6
13	What are the important principles of classical conditioning?	CO4	R	6
14	Give an account on model of motivation	CO3	U	6
15	Explain hierarchy theory of needs	CO3	R	6
16	Describe the schools of Psychology	CO1	R	6
17	Explain the reasons of forgetting	CO4	U	6
18	Explain correlation method.	CO1	R	6

PART - C

Answer any *one* questions.
Each question carries **Ten** marks.

		COs	Knowledge Level(KL)	Marks
19	Critically evaluate the theories of emotion	CO3	E	10
20	Critically analyze the psychoanalytic theory of personality	CO4	An	10

1 x 10 = 10 Marks

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

First Semester B.Sc Degree Examination, November 2025

PSY1FM105(1) - The Art of Stress management

(FYUGP 2024 Admission onwards)

Time: 1 ½ hours

Max. Marks : 50

PART – A

All questions can be attended.
Each question carries Two mark.
Ceiling -16 Marks

		COs	Knowledge Level(KL)	Marks
1	Explain pressure	CO1	2	2
2	Define frustration	CO1	1	2
3	Discuss diathesis stress model	CO1	2	2
4	Discuss about biofeedback	CO3	2	2
5	Explain the concept of mindfulness	CO5	2	2
6	Define cognitive behaviour therapy	CO4	1	2
7	Explain the concept of chronic stress with an example	CO1	2	2
8	Describe problem focused coping	CO4	2	2
9	Explain approach – avoidance conflict	CO2	2	2
10	Define stress and stressors	CO1	1	2

PART – B

All questions can be attended.
Each question carries six marks.
Ceiling -24 Marks

		Cos	Knowledge Level(KL)	Marks
11	Categorize types of stressors with examples	CO1	4	6
12	Explain the types of coping mechanisms	CO4	2	6
13	Describe conflict and its types	CO2	2	6
14	Discuss the symptoms of stress	CO1	2	6
15	Summarize the impact of stress on immune system	CO1	2	6

PART - C

Answer *anyone* questions.
Each question carries Ten marks.

		Cos	Knowledge Level(KL)	Marks
16	Examine different models of stress	CO1	4	10
17	Summarize stress management techniques	CO3	2	10

1 x 10 = 10 Marks

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

First Semester B.Sc Degree Examination, November 2025

PSY1FM105(2) - Life Skill Development

(FYUGP 2024 Admission onwards)

Time: 1 ½ hours

Max. Marks : 50

PART – A

All questions can be attended.
Each question carries Two mark.
Ceiling -16 Marks

		COs	Knowledge Level(KL)	Marks
1	Define life skills as per WHO	1	F	2
2	Write two situations where decision-making is crucial	3	M	2
3	Define self-awareness	1	F	2
4	State the advantages of verbal communication.	4	C	2
5	What is meant by sleep hygiene?	1	F	2
6	Define negotiation	1	F	2
7	Explain group level problem solving	8	C	2
8	What is the relevance of critical thinking?	1	F	2
9	Define emotion regulation	1	F	2
10	Write any two time management strategies used by you	7	C	2

PART – B

All questions can be attempted.
Each question carries six marks.
Ceiling -24 Marks

		COs	Knowledge Level(KL)	Marks
11	Discuss the role of empathy in our everyday interactions.	1	C	6
12	Compare and contrast assertive and aggressive communication	4	C	6
13	Describe the five steps of problem solving with an example.	7	P	6
14	Compare problem-focused and emotion focused coping	5	C	6
15	Explain the biological changes associated with stress	1	C	6

PART - C

Answer any *one* questions.
Each question carries **Ten** marks.

		COs	Knowledge Level(KL)	Marks
16	Briefly explain ten core life skills with its importance in a college student's life	2	c	10
17	Define goal setting, and explain its process and importance	1	c	10

1 x 10 = 10 Marks