

1M4A25221

(Pages : 2)

Reg. No:.....

Name: .....

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fourth Semester M.Sc Psychology Degree Examination, April 2025

MPS4C11 – Current Trends in Psychology

(2022 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**

**Short answer questions.**

**Answer any four questions. Each question carries 2 weightages**

1. Mention about the effectiveness of group therapy in addiction counselling.
2. What is cognitive engineering?
3. Briefly explain any two theories that explain psychology of terrorism.
4. What are the assumptions of mainstream psychology?
5. Write a note on human computer interaction
6. Write a note on application of personality assessment
7. Define industrial psychology

**(4 x 2 =8 weightage)**

**SECTION B**

**Answer any four paragraph questions**

**Each question carries three weightages**

8. What is cyberspace? Discuss its positive and negative aspects.
9. Discuss the issues of gender in a psychological perspective
10. Discuss the critical views on ethical principles
11. Write a note on psychology and societal development
12. Differentiate between ICD and DSM. Mention the disadvantages of classification system in diagnosis of mental health issues
13. Discuss the applications, challenges and opportunities of psychology in the legal system.
14. Discuss the psychology of colonisation in Indian context.

**(4 x 3 = 12 weightage)**

**SECTION C**

**Answer any two essay questions**

**Each question carries five weightages**

15. Discuss the psychological practices in the context of gender diversity and sexual orientation.
16. Briefly explain mainstream psychology and its critical concerns
17. Advertising has a huge impact in consumer behavior. Comment.
18. Explain the critical viewpoints on abnormal and clinical psychology

**(2 x 5 =10 weightage)**

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE  
Fourth Semester M.Sc Psychology Degree Examination, April 2025

**MPS4E05 – Psychotherapeutics – I**

(2022 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**

**Short Answer Questions**

**Answer any four questions. Each question carries 2 weightage**

1. Explain how transference is used as a Therapeutic technique
2. What is the Third Mental Health Revolution?
3. What is the Gestalt Group, and how does it contribute to mental health?
4. What are the techniques used in Client-centered approach?
5. How can non-professionals contribute to community mental health interventions?
6. Explain how resistance is used as a technique in psychoanalysis.
7. Describe the General Conditions of Psychotherapy

**(4 x 2 = 8 weightage)**

**SECTION B**

**Paragraph Questions**

**Answer any four questions. Each question carries 3 weightage**

8. How do different models of group therapy impact client outcomes?
9. In what ways does a therapist facilitate healing in psychoanalytic psychotherapy?
10. How has psychotherapy evolved over time, and what key milestones have shaped its historical development??
11. How can emotive techniques in Rational Emotive Therapy help clients challenge irrational beliefs?
12. What key signs indicate that a client is ready for the termination phase of therapy?
13. What essential conditions must be in place for a crisis intervention program to be effective in real-world settings?
14. Discuss the major elements in psycho therapeutic relationship that predict better outcomes.

**(4×3=12 weightage)**

**SECTION C**  
**Essay Questions**

**Answer any two questions. Each question carries 5 weightage**

15. What are the specific indications and contraindications that determine whether a client or family would benefit from the family therapy process?
16. What are the key stages involved in the process of group therapy, and how do they contribute to therapeutic outcomes?
17. Under what circumstances should a therapist prefer individual therapy over group therapy, and what factors influence this decision?
18. How can psychoanalysis be critically evaluated in terms of its effectiveness as a theory compared to its application as a therapeutic approach?

**(2 x 5 = 10 weightage)**

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

**Fourth Semester M.Sc Psychology Degree Examination, April 2025**

**MPS4E06 – Psychotherapeutics – II**

(2022 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**

**Short Answer Questions**

**Answer any four questions. Each question carries 2 weightage**

1. What is the rationale behind constructing a hierarchy in systematic desensitization?
2. How are interpersonal skills utilized in Dialectical Behavior Therapy (DBT)?
3. What are self-control techniques, and how are they applied in therapy?
4. Discuss the core assumptions of Acceptance and Commitment Therapy (ACT).
5. What are scaling questions, and how are they used in therapy?
6. Define relaxation-induced anxiety.
7. What are the limitations of biofeedback as a therapeutic tool?

**(4 x 2 = 8 weightage)**

**SECTION B**

**Paragraph Questions**

**Answer any four questions. Each question carries 3 weightage**

8. Explain the theoretical foundation of Jacobson's Progressive Muscle Relaxation (JPMR).
9. What are the key behavioral techniques employed in Cognitive Behavioral Therapy (CBT)?
10. Describe the stages involved in the stress inoculation process.
11. Compare and contrast cognitive therapy with mindfulness-based cognitive therapy.
12. Discuss the significance of narrative therapy.
13. What are the ethical concerns associated with aversion therapy?
14. Provide a summary of the primary strategies used in solution-focused therapy.

**(4 x 3 = 12 weightage)**

**SECTION C**  
**Essay Questions**

**Answer any two questions. Each question carries 5 weightage**

15. Explain various principles of operant conditioning and their applications in different therapeutic techniques.
16. What are the fundamental elements of Dialectical Behavior Therapy (DBT), and how is it implemented?
17. Discuss the concept of occupational therapy and elaborate on its clinical applications.
18. Write a detailed analysis of ethical and professional concerns in behavior modification.

**(2 x 5 = 10 weightage)**