

2B5N22197

(Pages : 2)

Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2022

BPS5B04 –Psychological Counseling

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks. There shall be ceiling of 20 marks in this section

1. Define Counselling
2. Premarital Counselling
3. Probing
4. Reflecting
5. Empathy
6. Counter transference
7. Real Self
8. Confrontation
9. Role play
10. Paraphrasing
11. Professional code of ethics in counseling- Indian perspective
12. Sigmund Freud

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Behavioral counselling.
14. Describe the online model for counseling.
15. Psychoanalytic point of view of counselling.
16. Discuss the Terminating techniques in counselling.
17. Role of counselor as a problem solver.
18. Rapport building and listening techniques in counselling.
19. Scope of counseling in terminally ill.

(Maximum 30 Marks)

SECTION -C
Essay Type Questions
Answer any one of the following .Each Carries 10 Marks.

20. Explain the process of counselling.
21. What is client centered approach. Explain how this approach can be used in a college counseling.

(1 x 10= 10 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2022

BPS5B03 – Developmental Psychology – I

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.

There shall be ceiling of 20 marks in this session

1. Trust Vs Mistrust
2. ZPD
3. Electra complex
4. Germinal period
5. Fetal Alcohol syndrome
6. Object permanence
7. Preoperational stage
8. Mesoderm
9. Amniocentesis
10. Semantic development
11. Stage of acquisition
12. Phonological development

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks.

There shall be ceiling of 30 marks in this section

13. Critically evaluate Erick Erikson's theory of development.
14. Elaborate historical foundation of developmental psychology.
15. Write a note on birth complications and its effects

16. Briefly explain Piaget's theory of Cognitive Development
17. Briefly note down physical condition and health issues in middle adulthood
18. Elaborate fine and gross motor skills.
19. Describe Semantic, Grammatical and Pragmatic Development in language development .
20. Write a note on perceptual development in infancy.

(Maximum 30 marks)

SECTION –C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

21. Critically evaluate different theories of development
22. Elucidate effect of long term & short term use of Teratogens

(1 x 10= 10 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2022

BPS5B01 – Abnormal Psychology – I

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks. There shall be ceiling of 20 marks in this section

1. Etiology
2. Lycanthropy
3. Mental Disorder
4. Distress
5. Phobia
6. Aphonia
7. Fugue
8. Neurotransmitters
9. Neural Plasticity
10. Temperament
11. Parenting styles
12. Factitious disorder

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Give an account on socio cultural causal factors of abnormal behavior
14. What are the signs and symptoms of dissociative disorders
15. Explain stress disorders
16. Write a short note on Cluster B personality disorders.
17. Briefly outline the anxiety disorders.
18. Give an account on the historical background of abnormal behavior.
19. Give an account on DSM and ICD classification of mental disorders

(Maximum 30 Marks)

SECTION -C

Essay Type Questions Answer *Any one* of the following .Each Carries 10 Marks.

20. Explain the clinical features of Cluster A personality disorders

21. Briefly describe the Somatic Symptom disorders

(1 x 10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2022

(Open Course)

BPS5D01 – Psychology & Personal Growth

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in two or three sentences. Each carries 2 marks. There shall be ceiling of 20 marks in this session

1. Psychological wellbeing
2. Meditation
3. Personal effectiveness
4. Social Psychology
5. Stress
6. Positive Psychology
7. Hedonism
8. Negative affectivity
9. Community Psychology
10. Yoga
11. Mindfulness
12. Resilience

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Discuss on the risk and protective factors of resilience.
14. Goals of positive psychology
15. Perspectives of Well Being
16. Elucidate on the components of Hope
17. Why is it good to be happy?
18. Stress management techniques
19. Damages of being too optimistic.

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

20. Explain in detail the techniques for enhancing personal effectiveness

21. What are the positive experiences covered in Positive Psychology?

(1 x 10= 10 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2022

BPS5B02 – Social Psychology

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

**Answer in Two or three sentences. Each carries 2 marks.
There shall be ceiling of 20 marks in this section**

1. Triangular model of love
2. Components of attitude
3. Why social psychology is considered as scientific in nature
4. Facial feedback hypothesis
5. Emotions and attraction
6. Write a note on the importance of survey method in social psychology
7. Social facilitation
8. Altruistic personality
9. Compare the advantage and disadvantage of correlational and experimental research methods in social psychology
10. Group think
11. Correspondence bias
12. Low ball procedure

(Maximum 20 marks)

SECTION -B

**Answer in a paragraph of about half a page to one page .Each question carries 5 marks.
There shall be ceiling of 30 marks in this section**

13. Write a note on social loafing and explain the methods to reduce it.
14. Write a note on formation of attitudes
15. What are the major goals of social psychology
16. What is destructive obedience? Write an example of destructive obedience with ways to reduce it.
17. Write a note on external sources of attraction
18. Briefly describe the different patterns of nonverbal communication
19. Briefly explain the steps in responding to an emergency

SECTION -C
Essay Type Questions
Answer *Any one* of the following .
Each Carries 10 Marks.

20. What is attribution? Discuss the application of attribution theories and errors in attribution.
21. Briefly describe the theories of prosocial behaviour

(1 x 10= 10 marks)

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Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2021

(Open Course)

BPS5D02 – Life Skill Applications

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.

There shall be ceiling of 20 marks in this session

1. Define life skill
2. What is self esteem
3. Discuss about advanced empathy
4. Define mental set
5. Explain functional fixedness
6. Define communication
7. Discuss about negotiation skills
8. Define resilience
9. What do you mean by coping strategies
10. Explain critical thinking
11. Define problem solving
12. Define Stress

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .

Each question carries 5 marks.

There shall be ceiling of 30 marks in this section

13. Explain different types of communication.
14. Discuss the need of life skill education
15. Describe the key areas of self awareness
16. Explain different types of empathy
17. Elaborate the steps of problem solving
18. What are the strategies for maintaining good interpersonal relations
19. Explain conflict resolution

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

- 20 Elaborate on the WHO's ten core life skills.
- 21 Explain the importance of life skill in career planning

(1 x 10= 10 marks)