

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

BPS5B01 – Abnormal Psychology – I

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks. There shall be ceiling of 20 marks in this section

1. What do you mean by sufficient Cause
2. What is Diathesis – Stress Model
3. What is Conversion Disorder
4. Define Acute Stress Disorder
5. What is General Adaptation Syndrome
6. What is Dissociation
7. Discuss about Nancy school
8. Define Specific Phobia
9. Explain Hypochondriasis
10. Write a short note on Cluster C Personality Disorders
11. What do you mean Moral management
12. What is Dependent Personality Disorder

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks.
There shall be ceiling of 30 marks in this section

13. Write a note on the biological view points on abnormal behavior
14. Explain the clinical picture of Schizoid Personality Disorder
15. Discuss the difficulties in identifying the causal factors of personality disorders
16. Describe the symptoms of Dissociative Identity Disorder
17. What is stress? Explain different factors affecting the severity of the stress responses of an individual.
18. Write a note on the different Classification Systems of Abnormal Behaviour
19. Write a note on Somatization Disorders

(Maximum 30 Marks)

SECTION -C

Essay Type Questions

Answer Any one of the following .Each Carries 10 Marks.

20. Explain the historical views of abnormal behavior.
21. Describe and differentiate between Cluster B and Cluster C Personality Disorders

(1 x 10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

BPS5B02 – Social Psychology

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

Section A

Answer in 2 or 3 sentences. Each question carries 2 marks.

There shall be a ceiling of 20 marks in this section.

1. Discuss about survey method
2. Write a note on Variables
3. Define Social Psychology
4. Explain Auto kinetic effect
5. Discuss the role of Body language in social perception
6. Explain Consensus
7. What are Micro expressions
8. What do you mean by Action tendency
9. What are Norms
10. What is Pique technique
11. Define Altruism
12. Explain Intimacy

(Ceiling 20 marks)

Section B

Write short essay on the following questions.. Each question carries 5 marks. There shall be a ceiling of 30 marks in this section

13. Explain the channels of nonverbal communication
14. Give an account on the experimental method
15. Write a short paragraph on attitude formation
16. Discuss the theories of leadership
17. Write a short note on factors of conformity
18. Give an account on determinants of interpersonal attraction
19. Describe briefly the nature and functions of group.

(Ceiling 30 marks)

Section C

Essay type questions. Answer any one question.
Each question carries 10 marks.

20. Outline the theoretical perspectives of attribution.
21. Briefly explain the principles of compliance

(1 x 10 = 10 Marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

BPS5B03 – Developmental Psychology – I

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A**Answer in two or three sentences .Each carries 2 marks.****There shall be ceiling of 20 marks in this session**

1. What do you mean by Phonological development
2. What is Tabula Rasa
3. What is Amniotic Sac
4. Explain FAS
5. Define Morphology
6. Write a note on Embryonic period
7. Explain Formal operational stage
8. Discuss about Industry Vs Inferiority
9. What is Mesoderm
10. What are Circular reactions
11. What is Cocaine
12. Define Amniocentesis

(Maximum 20 marks)**SECTION -B****Answer in a paragraph of about half a page to one page .****Each question carries 5 marks.****There shall be ceiling of 30 marks in this section**

13. Describe different stages of birth process
14. Explain Erikson's theory of development.
15. Elaborate new born reflexes.
16. Describe Schaie's Model of Cognitive Development
17. Do you think there is a single preferred type of birth process? Give your opinion
18. Briefly note down perceptual development in infancy
19. Explain Phonological, Semantic, Grammatical and Pragmatic Development.

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

20. Elaborate process of prenatal development that occurs in three stages.

21. Write an essay on historical foundation of developmental psychology.

(1 x 10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

BPS5B04 – Psychological Counseling

(2019 Admission onwards)

Time: 2hours

Max. Marks: 60

SECTION -A**Answer in Two or three sentences. Each carries 2 marks.****There shall be ceiling of 20 marks in this section**

1. Define silence
2. What is Therapeutic alliance
3. Explain Goal setting
4. What is Cognitive distortion
5. Define Advanced empathy
6. Explain Tone of voice
7. SOLER - Explain
8. Write a note on Scope of counseling
9. Define Transference
10. What is Rapport
11. Define Congruence
12. What is Effective communication

(Maximum 20 marks)**SECTION -B****Answer in a paragraph of about half a page to one page .****Each question carries 5 marks. There shall be ceiling of 30 marks in this section**

13. How is counseling differ from helping
14. Describe Egans Model of counseling.
15. Discuss the techniques to uncover unconscious
16. Discuss the Characteristics of an effective counselor
17. Describe opening technique
18. Explain HIV/AIDS counseling
19. Explain problem solving and decision making

(Maximum 30 Marks)**SECTION -C****Essay Type Questions****Answer Any one of the following .Each Carries 10 Marks.**

20. Explain group counseling and its application
21. Explain the different approaches to counseling.

(1 x 10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

BPS5B05- Health Psychology

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A*Answer in Two or three sentences. Each carries 2 marks.**There shall be ceiling of 20 marks in this section*

1. What are Life stressors
2. Define Health Psychology
3. Write a note on Protection motivation theory
4. Discuss Flight- fight response
5. Define Self-efficacy
6. What do you mean by Fear appeal
7. What is Teachable moment
8. Explain Euthanasia
9. What is Self-monitoring
10. Discuss General adaptation syndrome
11. What is Contingency contracting
12. What is Epidemiology

(Maximum 20 marks)

SECTION -B*Answer in a paragraph of about half a page to one page .**Each question carries 5 marks. There shall be ceiling of 30 marks in this section*

13. What are the sources of chronic stress?
14. Examine the need of Health Psychology in the modern era
15. What are the barriers to modify health behavior?
16. Explain health promotion with reference to various models of prevention.
17. Describe the management of terminal illness in children
18. Discuss the moderators of coping with stress
19. Explain theory of planned behavior.

(Maximum 30 Marks)

SECTION -C**Essay Type Questions***Answer any one of the following. Each Carries 10 Marks.*

20. Define stress and briefly explain various theoretical contributions to the study of stress and stress management program?
21. Examine how biopsychosocial model explains health and how it is different from the biomedical model?

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2023
(Open Course)

BPS5D01 – Psychology & Personal Growth
(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.
There shall be ceiling of 20 marks in this session

1. Define psychology
2. Write a note on positive emotions
3. How gender and happiness are connected? Mention any three points
4. Mention the factors affecting psychological well-being
5. What is social psychology.
6. Write any two personal application of psychology
7. Explain the assumptions of positive psychology
8. How close relationships leads to happiness
9. Mention some of the effects of happiness
10. What is meant by subjective well-being
11. Does culture and happiness related? Comment
12. Write any two goals of positive psychology

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .
Each question carries 5 marks.

There shall be ceiling of 30 marks in this section

13. Discuss the goals of psychology
14. Briefly discuss positive emotions and negative affectivity?
15. Comment the role of meditation and yoga techniques on enhancing personal effectiveness
16. Discuss how hope and optimism is related to well-being
17. Write a note on different stress management techniques
18. Briefly describe the eastern and western perspectives on positive psychology
19. What are the main causes of happiness

(Maximum 30 marks)

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Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2023

(Open Course)

BPS5D02 – Life Skill Applications

(2019 Admission onwards)

Time: 2 hours

Max. Marks: 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.

There shall be ceiling of 20 marks in this session

1. What is Decision making
2. Define Life skill
3. Write a note on Women empowerment
4. Define Empathy
5. What are Negotiating skill
6. Define Problem solving
7. What is Heuristics
8. Write a note on Time management
9. Define Reasoning
10. What is Listening skill
11. Define Communication
12. Define Self esteem

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks.

There shall be ceiling of 30 marks in this section

13. Write about importance of non verbal communication
14. Discuss the need and importance of life skills
15. Explain the significance of decision making skills
16. What are the steps involved in problem solving
17. Describe the effective life skills needed for preventing addiction
18. Write about skills needed for interpersonal skills
19. Explain concept and importance of self awareness

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

20. Elaborate ten core life skills and its benefits
21. Write about the need, importance and benefits of empathy in real life situations.

(1 x 10= 10 marks)