

1B5N24216

(Pages : 2)

Reg. No:.....

Name:

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2024

BPS5B06– Abnormal Psychology - I

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

Section A

Answer in two or three sentences. Each carries 2 marks.

There shall be ceiling of 20 marks in this section.

1. What is mass madness
2. Define mental disorder
3. Write a note on DSM
4. What is illness anxiety disorder
5. What is factitious disorder
6. Define Claustrophobia
7. What is Excoriation
8. Define Amnesia
9. What is Lycanthropy
10. Define Hysteria
11. What is Host Personality
12. Write a note on Mental hygiene movement

(Maximum 20 marks)

Section B

Answer in a paragraph of about half a page to one page.

Each question carries 5 marks.

There shall be ceiling of 30 marks in this section.

13. Give an account on the short historical views of abnormal behavior
14. Explain the clinical features of OCD.
15. Explain the clinical features of dissociative disorders
16. Outline the warning signs of suicide
17. Explain the diagnostic criteria of PTSD
18. Describe the various coping strategies
19. What are the advantages and disadvantages of classificatory system?

(Maximum 30 marks)

Section C

Essay type Questions.

Answer any one of the following. Each carries 10 marks

20. Briefly outline the clinical features and types of mood disorders
21. Explain briefly the signs and symptoms of somatic symptom disorders

(1x10= 10 marks)

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8. Define Amnesia
9. What is Lycanthropy
10. Define Hysteria
11. What is Host Personality
12. Write a note on Mental hygiene movement

(Maximum 20 marks)**Section B****Answer in a paragraph of about half a page to one page.****Each question carries 5 marks.****There shall be ceiling of 30 marks in this section.**

13. Give an account on the short historical views of abnormal behavior
14. Explain the clinical features of OCD.
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(1x10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2024**BPS5B07 – Social Psychology**

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

Section A**Answer in 2 or 3 sentences. Each question carries 2 marks.****There shall be a ceiling of 20 marks in this section.**

1. What is social cognition?
2. What is counter factual thinking?
3. Define facial feedback Hypothesis.
4. What is affiliation need ?
5. What is destructive obedience?
6. What is negative state relief model.
7. What is bystander effect?
8. Define social loafing.
9. Define door in the face technique.
10. Define altruism.
11. Define triangular theory of love.
12. Define planning fallacy.

(Ceiling 20 marks)**Section B****Write short essay on the following questions. Each question carries 5 marks.****There shall be a ceiling of 30 marks in this section**

13. Describe the potential sources of errors in social cognition.
14. Describe the effects of deception on social relations.
15. Explain impression management.
16. Describe Milgram's obedience experiment. Critically evaluate the ethical concerns of the study.
17. Discuss the nature and scope of Social Psychology
18. Discuss the motives underlie the tendency to help others.
19. Briefly describe the different research methods in social Psychology.

(Ceiling 30 marks)

Section C

**Essay type questions. Answer any one question.
Each question carries 10 marks.**

20. Discuss the underlying principles of compliance and explain the tactics based on these principles.
21. Explain the different ways by which the behaviour is affected by the presence of others.

(1 x 10 = 10 Marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2024

BPS5B08 – Developmental Psychology - 1

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A**Answer in two or three sentences. Each carries 2 marks.****There shall be ceiling of 20 marks in this session**

1. Explain Tabula Raza
2. What are fraternal twins
3. What is amniocentesis ?
4. Define developmental task.
5. Explain intimacy v/s isolation
6. Explain scaffolding
7. Explain non prescribed drugs
8. Explain brain plasticity
9. Explain primary circular reaction
10. What is analytical intelligence
11. Explain cephalon caudal pattern
12. What is infancy

(Maximum 20 marks)

SECTION -B**Answer in a paragraph of about half a page to one page .****Each question carries 5 marks.****There shall be ceiling of 30 marks in this section**

13. Explain periods of prenatal development
14. Write a note on postpartum depression
15. Explain Sternberg's cognitive development
16. Elaborate brain development during infancy
17. Write a short note on newborn reflexes
18. Explain history of developmental psychology
19. Explain process of birth

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following. Each Carries 10 Marks.

20. Explain language development

21. Write a brief account of the theories of development

(1x10= 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2024

BPS5B09 – Psychological Counseling

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

Answer in Two or three sentences. Each carries 2 marks.
There shall be ceiling of 20 marks in this section

1. Outline the difference between counselling and Psychotherapy .
2. What is Paraphrasing
3. Define Empathy
4. What is Non-Maleficence
5. Write a note on actualizing tendency
6. What are the stages of group counselling
7. Explain Goal Setting
8. Discuss Gender Role Analysis
9. What are the Challenges in Counselling of Terminally Ill Patients
10. Write a note on Effective Terminating Skills
11. What is the Principle of Veracity
12. Explain problem solving

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .
Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Narrate the importance of psychological testing in counselling process
14. Explain Eclectic approach in Counselling
15. Explain SOLER – Non verbal communication Technique
16. Explain different variables which affects counselling process
17. Briefly describe Key Components of the Client-Counsellor Relationship
18. The Process of Psychoanalytic Counselling
19. Describe Helping Skills Model of Counselling

(Maximum 30 Marks)

SECTION -C

Essay Type Questions

Answer Any one of the following .Each Carries 10 Marks.

- 20 Describe cognitive and behavioural approach to counselling
- 21 Explain application of counselling in educational settings and also in career selection

(1 x 10 = 10 marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fifth Semester B.Sc Psychology Degree Examination, November 2024

BPS5B10– Health Psychology

(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION A

Answer in two three sentences. Each question carries 2 marks.

There shall be ceiling of 20 marks in this section

1. Define coping
2. Explain protection motivation theory
3. Elucidate biomedical model of health
4. Differentiate between primary and secondary prevention
5. Describe social engineering
6. How does social support function as a stress buffer?
7. What is psychoneuroimmunology?
8. Define psychological appraisal
9. Analyze gate control theory of pain
10. Define self monitoring
11. Give three examples for health enhancing behavior
12. What is meant by 'Chronic illness'?

(Maximum 20 marks)

SECTION B

Answer in a paragraph about half a page to one page.

Each question carries 5 marks. There shall be ceiling of 30 marks in this section

13. Define Health Psychology and explain its significance in the context of the biopsychosocial model
14. Briefly explain any three models of health-changing behavior
15. How do moderators of coping, such as personality and social support, influence the stress response?
16. Discuss the significance of the mind-body relationship in health psychology.
17. Describe the Trans Theoretical Model and its stages of behavior change.
18. Explain the role of attitudes in the Health Belief Model
19. Examine the role of pain management in terminal illness

(Maximum 30 marks)

SECTION C

Essay Type Questions. Answer any *one* question. Each carries 10 marks

20. Define Stress. Evaluate the effectiveness of stress management programs
21. Discuss the psychosocial challenges associated with managing terminal illness in children

(1×10 = 10Marks)

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2024
(Open Course)
BPS5D01– Psychology & Personal Growth
(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION -A

Answer in two or three sentences .Each carries 2 marks.
There shall be ceiling of 20 marks in this session

1. What is JPMR
2. Define Psychology
3. What is Well being
4. Define Congruence
5. Explain Self efficacy
6. Define Happiness
7. What is Mania
8. Define Intrinsic motivation
9. What is Affect
10. What is Meditation
11. Define Positive psychology
12. Define Self actualization

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .Each question carries 5 marks.
There shall be ceiling of 30 marks in this section

13. What are the goals of psychology.
14. Differentiate between biological and learned motives.
15. Explain Need hierarchy theory of motivation.
16. Explain mania and depression
17. Explain Roger's concept of self.
18. Discuss the role of happiness in well being.
19. What are the major stress management techniques?

(Maximum 30 marks)

SECTION -C

Essay Type Questions

Answer any one of the following .Each Carries 10 Marks.

20. Define resilience and its models and factors
21. Explain different branches in psychology

(1 x 10= 10 marks)

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE
Fifth Semester B.Sc Psychology Degree Examination, November 2024
(Open Course)
BPS5D02– Life Skill Applications
(2022 Admission onwards)

Time: 2 hours

Max. Marks : 60

SECTION - A

Answer in Two or three sentences. Each carries 2 marks.
There shall be ceiling of 20 marks in this section

- 1 What is creative thinking
- 2 What are Emotional Skills
- 3 Define Empathy
- 4 Define Life Skills
- 5 What is Self Awareness
- 6 What is Functional Fixedness
- 7 Define self- esteem.
- 8 Write a note on Non Verbal Communication
- 9 Explain active listening
- 10 Explain decision making.
- 11 Explain Addiction and Abuse
- 12 Write a note on Career Planning

(Maximum 20 marks)

SECTION -B

Answer in a paragraph of about half a page to one page .
Each question carries 5 marks. There shall be ceiling of 30 marks in this section

- 13 Write a note on preventive measures on Addiction
- 14 Explain ten core life skills proposed by WHO
- 15 Explain negotiation skills
- 16 Explain different Skills to improve interpersonal relationship
- 17 Briefly describe life skills for women empowerment
- 18 Explain the importance of Problem solving in real life problems
- 19 Describe the role of self-awareness and its benefits in life adaptation

(Maximum 30 Marks)

SECTION -C

Essay Type Questions

Answer Any one of the following .Each Carries 10 Marks.

- 20 Describe effective verbal and nonverbal communication skills
- 21 Explain life skills training for youth and adolescence and also in career development

(1 x 10 = 10 marks)