

**FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE**  
**Fourth Semester M.Sc Psychology Degree Examination, April 2024**  
**MPS4C11 – Current Trends in Psychology**  
(2022 Admission onwards)

Time: 3hours

Max. Weightage : 30

**SECTION A**

**Short answer questions.**

**Answer any four questions. Each question carries 2 weightages**

1. What are the major goals of addiction counseling?
2. Mention any two purposes of intelligence assessment in legal system
3. What is the difference between mainstream psychology and critical psychology
4. Define cyber space
5. Describe any four ethical principles of psychology
6. Write a note on psychology and societal development.
7. Write any three ways in which media influences consumer behaviour.

(4 x 2 =8)

**SECTION B**

**Answer any four paragraph questions**  
**Each question carries three weightages**

8. Write a note on psychology of sexual orientation.
9. Elucidate the critical analysis on personality
10. Discuss the gender issues in psychology
11. Discuss the criticism on the DSM classification on abnormality
12. Briefly describe the applications of psychometric assessment of cognition, intelligence and personality
13. Explain the psychology of colonization of Indian experience
14. Write a note on psychological treatment of victims of terrorism

(4 x 3 = 12)

### **SECTION C**

**Answer any two essay questions  
Each question carries five weightages**

15. How normality and abnormality is viewed? Discuss the critical views on classification system on abnormality
16. Explain the causes of addiction? Briefly mention the theories of addiction.
17. Define ergonomics? Discuss how human factors and ergonomics are beneficial in different fields.
18. Briefly explain mainstream psychology and the emergence of critical psychology

**(2x5=10)**

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(Pages : 2)

Reg. No:.....

Name: .....

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE  
Fourth Semester M.Sc Psychology Degree Examination, April 2024  
MPS4E05 – Psychotherapeutics – I  
(2022 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**

**Short Answer Questions**

Answer any four questions. Each question carries 2 weightage

1. Explain the nature of psychotherapeutic relationship
2. Explain the process of termination
3. Explain how transference is used as a Therapeutic technique
4. According to humanistic perspective, what are the qualities of therapist required for effective therapy?
5. Describe indications and contra indications for family therapy
6. Explain the need for anticipatory crisis intervention
7. Explain the Field of Community psychology

(4 x 2 = 8 weightage)

**SECTION B**

**Paragraph Questions**

Answer any four questions. Each question carries 3 weightage

8. Write a note on different models of group therapy.
9. Describe the goals and processes of Family Therapy
10. What are the basic principles of gestalt therapy?. Describe the therapeutic techniques of gestalt therapy.
11. Describe the process of psychoanalytic psychotherapy.
12. Describe the Issues and challenges in evaluating the effectiveness of psychotherapies
13. Describe the General Conditions of Psychotherapy
14. Define Community psychology. Describe the major principles of community psychology.

( 4×3=12 weightage )



### **SECTION C**

#### **Essay Questions**

**Answer any two questions. Each question carries 5 weightage**

15. Define Psychotherapy. Discuss the process of psychotherapy.
16. Elaborate on Humanistic- Existential Psychotherapy
17. Define Encountr groups. Elaborate on the different forms of encounter groups.
18. Explain the concept of prevention. Elaborate on the different levels of prevention.

**(2 x 5 = 10 weightage)**

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(Pages : 2)

Reg. No:.....

Name: .....

FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE  
**Fourth Semester M.Sc Psychology Degree Examination, April 2024**  
**MPS4E06 – Psychotherapeutics – II**  
 (2022 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A (Short Answer Questions)**  
**Answer any four questions. Each question carries 2 weightage**

1. Discuss the rationale behind graded exposure therapy and its applications in treating anxiety disorders
2. Explain the principles of biofeedback in the context of psychological interventions
3. Discuss the basic principles of Stress Inoculation Therapy?
4. Discuss the main components of Dialectical Behaviour Therapy.
5. Discuss the principles of flooding and implosion as exposure techniques.
6. Define Social Skills Training and provide examples of specific social skills targeted in interventions.
7. Write a brief note on current practices in behaviour therapy.

(4 x 2 = 8)

**SECTION B (Paragraph Questions)**  
**Answer any four questions. Each question carries 3 weightage**

8. Explain the principles of contingency management and how it is applied in behavior modification with examples.
9. How does response elimination technique differ from extinction, and what are the potential challenges in implementing response elimination effectively?
10. Define the role of Occupational Therapy in psychological interventions. How can occupational therapists collaborate with mental health professionals to enhance clients' overall well-being?
11. Discuss the goals and techniques of assertiveness training
12. How do cognitive distortions contribute to emotional distress in CBT?
13. Assess the role of mindfulness in both Mindfulness-Based Cognitive Therapy and

Dialectical Behavior Therapy.

14. Explain the differences between in vivo and in vitro exposure techniques in the context of behavior therapy.

(4 x 3 = 12)

**SECTION C (Essay Questions)**

**Answer any two questions. Each question carries 5 weightage**

15. Explore ethical considerations associated with the use of behaviour modification techniques in psychological interventions. How can psychologists ensure that these techniques are applied responsibly and with respect for clients' autonomy?
16. Explore how different therapeutic modalities, such as social skills training, play therapy, hydrotherapy, narrative therapy, occupational therapy, and family therapy, might be integrated into a comprehensive treatment plan. What considerations should therapists take into account when combining these diverse approaches?
17. Assess the role of mindfulness in both Mindfulness-Based Cognitive Therapy and Dialectical Behavior Therapy.
18. Design a CBT-based intervention plan for a client dealing with high levels of social anxiety and discuss the basic Behaviour Therapy techniques using the management of Social Anxiety Disorder.

(2 x 5 = 10)