

## FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fourth Semester M.Sc Psychology Degree Examination, April 2023

MPS4C11 – Current Trends in Psychology

(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A****Short answer questions****Answer any four questions. Each question carries 2 weightage**

1. Definition and implication of cyberspace
2. Mention some personality assessment techniques
3. Mention the issues of colonisation
4. Define normality
5. What is meant by terrorism? Write any two psychological causes behind terrorism
6. Discuss the role of a clinical psychologist
7. Explain different types of classification system of abnormal behaviour

**(4x2= 8 weightage)****SECTION B****Answer any four paragraph questions.  
Each question carries 3 weightage**

8. Explain the theories of addiction
9. Discuss the challenges faced by the field of psychology in relation to legal system
10. Critically evaluate ethical principles in the intelligence research
11. Mention the issues of colonisation and globalization in psychology
12. Write a note on psychology and societal development
13. Critically evaluate the role of gender and class in psychology
14. Explain the challenges faced by industrial psychology

**(4x3=12 weightage)**

**SECTION C**

**Answer any two essay questions.  
Each question carries 5 weightage**

15. Discuss the impact of media on consumer behaviour. Mention some examples from Indian scenario
16. Describe how psychological treatment can be conducted on victims of terrorist attacks
17. Discuss the critical concerns of mainstream psychology
18. Critically evaluate the research methods adopted by personality and intelligence researchers.

**(2x5= 10 weightage)**

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

**Fourth Semester M.Sc Psychology Degree Examination, April 2023**

**MPS4E05 – Psychotherapeutics – I**

(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

**SECTION A**

**Short answer questions**

**Answer any four questions. Each question carries 2 weightage**

1. Describe Therapeutic Alliance
2. Define Transference
3. Write a note on Systematic desensitization
4. Discuss Use of dreams in gestalt therapy
5. Describe Encounter groups
6. Describe Free association
7. Evaluate Indications and contra indications for family therapy

(4 x 2 = 8 weightage)

**SECTION B**

**Answer any four paragraph questions.**

**Each question carries 3 weightage**

8. According to Rogers, there are some attitudes of therapist necessary for the therapeutic change. Elaborate.
9. Write a note on the various techniques of Gestalt Therapy
10. Write on the pathological communication patterns in Dysfunctional Family
11. Discuss how transference and interpretation are used as a tool in psychoanalysis
12. Discuss the specific and general factors promoting change in psychotherapy
13. Write short note on the field and principle of community psychology.
14. Discuss the Neo Freudian developments in psychoanalysis and the present status of psycho analytic psychotherapy

(4 x 3 = 12 weightage)



### **SECTION C**

**Answer any two of the following questions.  
Each question carries 5 weightage**

15. Discuss the goals and processes of psychoanalytic psychotherapy. Critically evaluate Psychoanalysis as a system of psychotherapy.
16. Discuss the basic tenets of existential- Humanistic frame work. Elaborate on Logo therapy.
17. Discuss how groups are used as a 'vehicle of change' in therapy
18. Evaluate Psychodrama as a structured Form of therapy.

**( 2 x 5 = 10 weightage)**

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FAROOK COLLEGE (AUTONOMOUS), KOZHIKODE

Fourth Semester M.Sc Psychology Degree Examination, April 2023

MPS4E06 – Psychotherapeutics – II

(2019 Admission onwards)

Time: 3 hours

Max. Weightage : 30

### SECTION A

*Answer any four of the following. Each question carries two weightages.*

- 1) Describe Ascending hierarchy
- 2) Define Counter conditioning
- 3) Explain Participant modelling
- 4) Discuss Stimulus control
- 5) Define Cognitive restructuring
- 6) Explain Behavior rehearsal
- 7) Define Contingency

(2 x 4= 8 weightage)

### SECTION B

*Answer any four of the following. Each question carries three weightages*

- 8) Discuss the applications of systematic desensitization in clinical population.
- 9) Illustrate the theoretical back up of assertiveness training.
- 10) How does continuous reinforcement differ from intermittent reinforcement? Mention the scenarios in which intermittent reinforcement is being preferred over continuous reinforcement.
- 11) Hypothesize the Self-control techniques you may employ to address the study behavior in a student.
- 12) Elaborate on the behavioral techniques in REBT
- 13) Elaborate on the process of carrying out baseline assessment in contingency management
- 14) Indications and contra-indications for using progressive muscle relaxation.

(3 x 4= 12 weightage)

### SECTION C

*Answer any two of the following. Each question carries five weightages*

- 15) Evaluate the process and outcome of behaviour therapy with adequate empirical findings.
- 16) Analyse how various principles in classical as well as operant conditioning is being utilized in designing therapeutic techniques.
- 17) Discuss the theoretical underpinning of Stress inoculation therapy. Write in details about the procedures involved in it.
- 18) Compare and contrast between CBT and REBT.

**(5x2= 10 weightage)**